Letter sent by Aliyah Emas, day after injury:

Walk🚶, crawl🧎, or run🏃
Do what you need to...and crawl I did.
🔹Not because of pride
🔹Not because of ego
But because I was holding on to some glimmer of hope that I was okay, 😔 which deep down I knew was not true....and because I was deep in the woods 🌲
🙂Thank you to the Abominable Snow Race 2022 bystanders who asked if I was okay or if I needed help
🏃Thanks Chris Hoover for running back to civilization to get assistance and for somehow finding me after I crawled a bit 😆
🚒Thank you Bobby for driving me out of the woods, AND for begrudgingly fulfilling my request of taking me to the finish line 🏁
🚑AND THE HUGEST shout out to the phenomenal Abominable Snow race Medical Team who delt with my devastated, pained, crazy, roller-coaster-of-emotion self who was giving them strong worded directions on what to do, like "don't 🤬touch it" "Watch out" "let me do it,"... ya know, normal things 😜
They were F$CKING AMAZING!
So in short, this weekend did not go as expected.
But I am so appreciative of all those who aimed to support & help me yesterday!
And lastly, Jeff Wolschlag you're the sexiest 1st place 🏆female elite EVER 😂🤣
Thank you for being my podium doppelganger!
*I actually had no clue I won the elite event (which was pre injury), until I sobbing requested Chris check results while in the medical van. To which he rolled his eyes 👀and told me I won 🎖
▪ Yes this sucks
▪ Yes I am upset
▪ Yes my priorities change
But it's just a plot twist 📕
So let's start rewriting this badass Adventure!